

Company	AirAvant Medical	BRYGGS Medical LLC	CPAPNEA Medical Supply
			
EPAP	Bongo Rx	ULTepap 2	Optipillows EPAP Mask
Website	www.bongorx.com	www.bryggsmmedical.com	www.optipillows.com
FDA-Cleared Indications	FDA 510(k) K180619 for mild to moderate OSA in adults >66 lbs	FDA 510(k) K191728 for mild to moderate OSA in adults >66 lbs	FDA 510(k) K181219 for use during sleep to alleviate snoring in adults
Description	FDA-cleared, clinically tested, prescription EPAP device for OSA. Soft nasal seals also create nasal dilation. Reusable. Requires no machine or power. Very small, simple to use and requires no assembly. Can be worn with or without headgear. User-friendly option for noncompliant CPAP patients or for travel. Comes with drying stand and travel case. Designed & made in the USA.	The ULTepap 2 allows the user of this reusable EPAP device to adjust the therapeutic back pressure between two settings. Caps on the end of each valve deliver the same back pressure of the original ULTepap (standard resistance). If that pressure appears to be too high, remove the caps to expose larger exhalation holes, which deliver lower, but still therapeutic, pressure (lower resistance).	Optipillows EPAP Mask allows users to adjust the resistance to fit their specific pressure requirements (1.5-14.5 cm H ₂ O). Optipillows was designed by a sleep physician, is comfortable, quiet, reusable, optimal for travel, economical, and requires no prescription. Kits include the patented valve, adjustable headgear, and 3 sizes of nasal pillows. Replace annually.
Available Through Prescription	Yes	Yes	No
Available Over-the-Counter	No	No	Yes
Sizes	S, M, L, XL included in starter kit	S, M, L	3 sizes of nasal pillows + adjustable headstrap included in kit
Pressure (cm H ₂ O)	up to 15 (fixed)	0-20 (standard pressure; user adjustable to lower pressure by removing caps)	1.5-14.5 (adjustable via side vent)
Materials	silicone nasal seals with polycarbonate valve housings	silicon nasal pillows and polycarbonate valves	nonallergenic plastic and silicone
Warranty (days)	90	90 (pillows); 1,095 (valves)	30
Payor Coverage	cash pay; FSA/HSA covered	cash pay	MSRP/MAP \$119
Reusable	Yes	Yes	Yes
How to Clean	Clean with mild soap and water. No disassembly required.	Clean with warm, soapy water. Rinse and air dry.	Clean with mild soap and water.
Supporting Study	Clinically studied with patients using Bongo at home and in-lab PSGs, with and without Bongo, to demonstrate AHI reduction. Study reviewed by FDA and presented at SLEEP 2019.	Sleeper G, Rashidi M, Strohl KP, et al. Comparison of expiratory pressures generated by four different EPAP devices in a laboratory bench setting. <i>Sleep Med.</i> 2022 Aug;96:87-92.	Hakim TS, et al. EPAP devices Optipillows, Bongo Rx, and Theravent: Flow resistance and the pressures they generate. <i>J Sleep Med Disord.</i> 2021;7(1):1119. ●

Information in this guide based on data submitted by EPAP marketers. Sleep Review strives for accuracy in all data but cannot be held responsible for claims made by marketers. All devices may not be included. Email editor@sleepreviewmag.com to be considered for the next update.



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