




# EXPIRATORY POSITIVE AIRWAY PRESSURE (EPAP) SYSTEMS

Company		AirAvant Medical	BRYGGS Medical LLC	CPAPNEA Medical Supply
				
<b>EPAP</b>		Bongo Rx	ULTepap	Optipillows EPAP Mask
<b>Website</b>		<a href="http://www.bongorx.com">www.bongorx.com</a>	<a href="http://www.bryggsmmedical.com">www.bryggsmmedical.com</a>	<a href="http://www.optipillows.com">www.optipillows.com</a>
<b>FDA-Cleared Indications</b>		mild to moderate OSA	mild to moderate OSA	snoring
<b>Description</b>		FDA-cleared, clinically tested, prescription EPAP device for OSA. Soft nasal seals also create nasal dilation. Reusable. Requires no machine or power. Very small, simple to use and requires no assembly. Can be worn with or without headgear. User-friendly option for noncompliant CPAP patients or for travel. Comes with drying stand and travel case. Designed & made in the USA.	Reusable EPAP device with a three-year warranty on the valves.	Optipillows EPAP Mask allows users to adjust the resistance to fit their specific pressure requirements (1.5-14.5 cm H <sub>2</sub> O). Optipillows was designed by a sleep physician, is comfortable, quiet, reusable, optimal for travel, economical, and requires no prescription. Kits include the patented valve, adjustable headgear, and 3 sizes of nasal pillows. Replace annually.
<b>Availability</b>	<b>Prescription</b>	Yes	Yes	No
	<b>Over-the-Counter</b>	No	No	Yes
<b>Sizes</b>		S, M, L, XL included in starter kit	S, M, L	3 sizes of nasal pillows + adjustable headstrap included in kit
<b>Pressure (cm H<sub>2</sub>O)</b>		up to 15 (fixed)	0-20 (fixed)	1.5-14.5 (adjustable via side vent)
<b>Materials</b>		silicone nasal seals with polycarbonate valve housings	silicon nasal pillows and polycarbonate valves	nonallergenic plastic and silicone
<b>Warranty (days)</b>		90	90 (pillows); 1,095 (valves)	30
<b>Payor Coverage</b>		cash pay; FSA/HSA covered	cash pay	MSRP/MAP \$119
<b>Usage</b>	<b>One-Time Use Disposable</b>	No	No	No
	<b>Reusable</b>	Yes	Yes	Yes
<b>How to Clean</b>		Clean with mild soap and water. No disassembly required.	Warm, soapy water; rinse and air dry.	Clean with mild soap and water.
<b>Supporting Study</b>		Clinically studied with patients using Bongo at home and in-lab PSGs, with and without Bongo, to demonstrate AHI reduction. Study reviewed by FDA and presented at SLEEP 2019.	Sleeper G, Rashidi M, Strohl KP, et al. Comparison of expiratory pressures generated by four different EPAP devices in a laboratory bench setting. <i>Sleep Med.</i> 2022 Aug;96:87-92.	Hakim TS, et al. EPAP devices Optipillows, Bongo Rx, and Theravent: Flow resistance and the pressures they generate. <i>J Sleep Med Disord.</i> 2021;7(1):1119. ●

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