















Company		MedBridge Healthcare	ApneaMed	BetterNight
HST Services Program		 MedBridge Healthcare Home Sleep Apnea Testing	 ApneaMed	 BetterNight
Website		www.medbridgehealthcare.com	www.apneamed.org	www.betternight.com
Payment Options	Cash Pay	Yes	Yes, \$299	Yes
	Medical Insurance	Yes	Yes	Yes
	Sleep Practice/Lab Processes Payment	Yes	Yes	No
HST Devices Used		Philips Alice NightOne, ZOLL Itamar WatchPAT & WatchPAT ONE. Coming soon: Onera STS	Philips Alice NightOne, ZOLL Itamar WatchPAT ONE	Philips Alice NightOne, ResMed ApneaLink Air, ZOLL Itamar WatchPAT 300/WatchPAT ONE
Typical Provider Categories		Sleep physicians, sleep disorders centers, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise
Scoring & Interpretation Options		RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified physicians interprets your studies	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified physicians interprets your studies	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified physicians interprets your studies
Raw Data Available?		Yes	Yes	Yes
Average Turnaround Time (date of study order to results)		7-10 days	5 days	Order mails day after patient consent. Results delivered 1-3 days after returned device is received.
Patient Education Options		Live phone call, live videoconference, prerecorded video, written instructions, in-person support	Live phone call, live videoconference, prerecorded video, written instructions, in-person support, live text message support	Live phone call, live videoconference, prerecorded video, written instructions, live text message support
Live Help		24/7	24/7	24/7
Additional Program Features		MedBridge Healthcare's mail to home HSAT program can be a standalone program or combined with the screening program or Hospital 30-day Readmission Reduction Program (HRRP).	Available in all 50 states. Unit is usually shipped the same day as ordered. We also offer AutoPAPs and compliance tracking for a complete turnkey experience.	BetterNight's HST program provides an end-to-end solution for the patient and provider. BetterNight is a comprehensive, highly-secure virtual platform that offers online insurance and billing, delivery tracking, how-to videos, and HST results. Additionally, providers can order and manage DME services for their patients.

Visit www.sleepreviewmag.com/tag/comparison-guides to download this guide as a PDF.

CleveMed	Gem Sleep	General Sleep Corporation	OgnoMy Inc
 <p>See our ad on page 25</p> <p>SleepView Direct</p>	 <p>GEM SLEEP</p>	 <p>See our ad on page 19</p> <p>Zmachine HomeDirect</p>	 <p>OGNOMY SLEEP</p>
www.clevemed.com/sleepview-direct	www.mygemsleep.com	www.generalsleep.com/zmachine-synergy.html	www.ognoMy.com
No	Yes, \$189	No	Yes
No	Yes	No	Yes
Yes	Yes	Yes	No
CleveMed SleepView	ZOLL Itamar WatchPAT ONE	General Sleep Zmachine Synergy	ZOLL Itamar WatchPAT ONE, SleepImage, ResMed ApneaLink Air
Sleep physicians, sleep disorders centers, physicians (non-sleep), dentists, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, employers/enterprise	Sleep physicians, sleep disorders centers, hospital systems	Direct to consumer, physician (non-sleep), dentists, health plans, commercial transportation, employers/enterprise
Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified physicians interprets your studies	Autoscore	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified physicians interprets your studies	RPSGT manual scoring, our network of board-certified physicians interprets your studies
Yes	Yes	Yes	Yes
≤8 days (typically)	<2 weeks	7 days	Device mails 1 business day after order placed. Results available w/in 1-3 business days after receiving device or upload.
Live phone call, prerecorded video, written instructions, live text message support	Live phone call, prerecorded video, written instructions, live text message support	Prerecorded video, written instructions	Live phone call, live videoconference, prerecorded video, written instructions, in-person support, live text message support
24/7	Monday-Friday 7 am-7 pm CT	N/A (provided by sleep lab)	8:30 am-4:30 pm ET
Mail-order service designed specifically for sleep centers that want to add direct-ship HST to their program. Customized branding, workflow, and patient kit. Quarterly reports available at no charge. 97% success rate. Over 90% patient satisfaction. Speed the process for your referring sources, increase your revenue, while maintaining continuity of care.	Gem Sleep provides a best in class virtual care experience to help get more patients diagnosed and treated. Included within this is a robust support model to help patients navigate every step of the process.	Zmachine HomeDirect has been meticulously developed to aid sleep laboratories and physicians specializing in sleep medicine in expanding their services and managing HST backlogs efficiently. General Sleep collaborates with these specialized practices by directly dispatching a Zmachine Synergy Type II HST to patients on their behalf, allowing them to focus on their principal services.	OgnoMy Sleep provides comprehensive sleep apnea care, from initial evaluation, through home testing and interpretation, ordering of therapy, and follow-up care, all through a virtual platform. It is device and therapy agnostic—choosing the best solutions for the patient. It is in-network with major payers and has an established network of sleep clinicians across 38 states and growing.

Company		Onera Health	REMware	Sleep Care online
HST Services Program		 Onera PSG-as-a-Service	 DreamClear	 Complete Care
Website		www.onerahealth.com	dreamclear.com	www.sleepcareonline.com
Payment Options	Cash Pay	No	No	Yes, \$199-\$249
	Medical Insurance	No	No	No
	Sleep Practice/Lab Processes Payment	Yes	Yes	No
HST Devices Used		Onera STS	REMware DreamClear	ResMed NightOwl, ZOLL Itamar WatchPAT ONE
Typical Provider Categories		Sleep physicians, sleep disorders centers, physicians (non-sleep), dentists, health plans, hospital systems, employers/enterprise	Sleep physicians, sleep disorders centers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, direct to consumers, physicians (non-sleep), dentists
Scoring & Interpretation Options		Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified sleep physicians interprets your studies	Autoscore, our network of board-certified sleep physicians interprets your studies
Raw Data Available?		Yes	Yes	Yes
Average Turnaround Time (date of study order to results)		5-7 days	5 days	3 days
Patient Education Options		Live phone call, prerecorded video, written instructions	Live phone call, written instructions, in-person support, live text message support	Live phone call, prerecorded video, written instructions
Live Help		24/7	8 am-5 pm, 9 pm-4 am	M-F 9 am - 5 pm EST, Sat 10 am-3 pm EST
Additional Program Features		Polysomnography-as-a-Service is an end-to-end solution for at-home sleep diagnostics and monitoring. The patch-based Onera STS system and cloud technology enable physicians to conduct polysomnography anytime, anywhere. It takes minimal effort to prescribe and conduct a sleep study, and there's no upfront investment. This solution offers new opportunities for clinics to expand their sleep programs and for hospitals with limited or no sleep clinic access to implement on-site sleep diagnostic testing.	Offers chain of custody tracking, data integrity checking after upload.	Complete Care simplifies the process of diagnosing and treating obstructive sleep apnea and other sleep disorders. Using an innovative telehealth platform, patients can complete sleep studies in the comfort of their own bed, meet with healthcare providers in a one-on-one consult, receive a prescription, and even begin PAP therapy—all without visiting a doctor's office. Sleep Care online works with physicians, dentists, and concierge medicine groups to streamline the diagnosis process.

Company		Sleep Doctor	Snap Diagnostics	VirtuOx	ZOLL Itamar
HST Services Program		 Sleep Doctor Home Sleep Testing	 Snap Diagnostics Home Sleep Apnea Testing	 VirtuOx CardioSleep Solutions	 WatchPAT Direct & WatchPAT Solutions
Website		shop.sleepdoctor.com	www.snapdiagnostics.com	www.virtuox.net	www.itamar-medical.com
Payment Options	Cash Pay	Yes, \$189	Yes	Yes, \$250	No
	Medical Insurance	No	Yes	Yes	Yes
	Sleep Practice/Lab Processes Payment	Yes	Yes	Yes	Yes
HST Devices Used		ZOLL Itamar WatchPAT ONE, Philips Alice NightOne, ResMed NightOwl	Snap Model 8	Resmed NightOwl, Resmed Apnea Link Air, Sleep Image Ring, Philips Alice NightOne, Zoll Itamar WatchPAT ONE, Advanced Brain Monitoring Sleep Profiler & PSG2	ZOLL Itamar WatchPAT ONE
Typical Provider Categories		Sleep physicians, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, physicians (non-sleep), dentists, hospital systems, commercial transportation
Scoring & Interpretation Options		Autoscore, RPSGT manual scoring, our network of board-certified sleep physicians interprets your studies	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified sleep physicians interprets your studies	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified sleep physicians interprets your studies	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified sleep physicians interprets your studies
Raw Data Available?		Yes	Yes	Yes	Yes
Average Turnaround Time (date of study order to results)		3-5 days	Tests dispensed in-office can be started on the same night. Direct home delivery orders ship within one business day. 2-5 days for MD interpretation.	7 days	2-7 days (WatchPAT Direct); 2-3 weeks (WatchPAT Solutions)
Patient Education Options		Live phone call, prerecorded phone call, live videoconference, prerecorded video, written instructions, live text message support	Live phone call, live videoconference, prerecorded video, written instructions, in-person support	Live phone call, live videoconference, prerecorded video, written instructions, live text message support	Live phone call, prerecorded video, written instructions
Live Help		M-F 7 am EST - 6 pm PST	24/7	24/7	24/7
Additional Program Features		Modernized sleep testing made easy. Traditionally, taking a sleep test meant staying overnight at a clinic, but Sleep Doctor takes away the hassle and discomfort of sleep testing. Using a simple watch and finger monitor, you can test your sleep from the comfort of your own bedroom. Conveniently schedule and review your sleep test results online with a Sleep Doctor advisor. Together, you and your advisor will discuss your sleep patterns and review solutions that are right for you and your unique path to sleep health improvement.	Select workflow and billing options that are best suited to your needs. Service includes Type III HST, 24/7 patient support, full manual analysis and quality review. HST reports and raw data are available via secure online portal. Order treatment through your provider of choice via portal to enable efficient continuity of care. Online demonstrations available upon request.	VirtuOx can help diagnose both sleep apnea and cardiac disorders at the same time by combining sleep apnea testing and ambulatory cardiac monitoring where VirtuOx's panel of nationwide sleep and cardiologist can professionally interpret and recommend appropriate next steps.	WatchPAT Direct is a mail-delivery program that allows clinics to expand patient access, reduce backlogs, and scale an HSAT program quickly with no upfront cost and minimal time from the office staff. WatchPAT Solutions is a scalable program to fit the needs of your practice. You simply screen and prescribe; ZOLL Itamar can do the rest within 2 to 3 weeks on average. The test is shipped to the patients home, and the ZOLL IDTF ensures education and test completion. ●