






## CATEGORY SPONSORED BY MEDBRIDGE HEALTHCARE

MedBridge Healthcare LLC is a leader in sleep management partnerships with healthcare systems, ACOs, GPOs, research entities, and occupational health organizations. MedBridge offers comprehensive fully-integrated or specific standalone programs. These service options include





inpatient and outpatient diagnostics, mail-order home sleep apnea testing (HSAT), therapy coordination and patient outcomes focused results. The operating companies of MedBridge Healthcare provide more than 70,000 sleep procedures annually, licensed in 48 states.

# HOME SLEEP TESTING (HST) SERVICES




Company		MedBridge Healthcare	ApneaMed	BetterNight
HST Services Program		 MedBridge Healthcare Home Sleep Apnea Testing	 ApneaMed	 BetterNight
Website		<a href="http://www.medbridgehealthcare.com">www.medbridgehealthcare.com</a>	<a href="http://www.apneamed.org">www.apneamed.org</a>	<a href="http://www.betternightsolutions.com">www.betternightsolutions.com</a>
Payment Options	Cash Pay	Yes	Yes, \$279	Yes
	Medical Insurance	Yes	No	Yes
	Sleep Practice/Lab Processes Payment	Yes	No	No
HST Devices Used		Phillips Alice NightOne, ZOLL Itamar WatchPAT & WatchPAT ONE. Coming Soon: SleepImage & SunRise	Philips Alice NightOne, ZOLL Itamar WatchPAT ONE	Philips Alice NightOne, ResMed ApneaLink Air, ZOLL Itamar WatchPAT 300/WatchPAT ONE
Typical Provider Categories		Sleep physicians, sleep disorders centers, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise
Scoring & Interpretation Options		RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified physicians interprets your studies	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified physicians interprets your studies	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified physicians interprets your studies
Raw Data Available?		Yes	Yes	Yes
Average Turnaround Time (date of study order to results)		7 days	5-7 days	Order mails day after patient consent. Results delivered 1-3 days after returned device is received.
Patient Education Options		Live phone call, live videoconference, prerecorded video, written instructions, in-person support	Live phone call, live videoconference, prerecorded video, written instructions	Live phone call, live videoconference, prerecorded video, written instructions, in-person support, live text message support
Live Help		24/7	24/7	24/7
Additional Program Features		Uses AI-assisted scoring. Reusable and disposable equipment options.	ApneaMed also provides telemedicine consults on request, and sells autoPAPs, masks, and hoses at discounted rates. HST users receive a coupon code worth \$100 off an autoPAP machine. All services are provided to all 50 states and all Canadian provinces.	BetterNight's HST program provides an end-to-end solution for the patient and provider. BetterNight is a comprehensive, highly-secure virtual platform that offers online insurance and billing, delivery tracking, how-to videos, and HST results. Additionally, providers can order and manage DME services for their patients.

Visit [www.sleepreviewmag.com/tag/comparison-guides](http://www.sleepreviewmag.com/tag/comparison-guides) to download this guide as a PDF.

CATEGORY SPONSORED BY MEDBRIDGE HEALTHCARE





BioSerenity Inc	CleveMed	Lofta	Onera Health Inc
 <p>Smart Healthcare Solutions</p> <p>AccuSom Direct-to-Patient HSAT</p>	 <p>SleepView Direct</p>	 <p>Lofta Complete Path At-Home Sleep Test</p>	 <p>Onera PSG-as-a-Service</p>
us.bioserenity.com/sleep-medicine	www.clevemed.com/sleepview-direct	www.lofta.com	www.onerahealth.com
Yes	No	Yes, \$189	No
Yes	No	No	No
[no response]	Yes	No	Yes
AccuSom	CleveMed SleepView	ZOLL Itamar WatchPAT ONE	Onera STS
Sleep physicians, sleep disorders centers, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, physicians (non-sleep), dentists, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, direct to consumers, physicians (non-sleep), health plans, employers/enterprise	Sleep physicians, sleep disorders centers, physicians (non-sleep), dentists, health plans, hospital systems, employers/enterprise
RPSGT manual scoring, interpret your own studies, our network of board-certified physicians interprets your studies	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified physicians interprets your studies	Autoscore	Autoscore, RPSGT manual scoring, score your own studies, interpret your own studies
Yes	Yes	Yes	Yes
One week. Device ships upon patient confirmation of testing date and data is transmitted as soon as study is completed.	≤8 days (typically)	7 days	5-7 days
Live phone call, prerecorded video, written instructions	Live phone call, prerecorded video, written instructions, live text message support	Live phone call, prerecorded video, written instructions, live text message support	Live phone call, prerecorded video, written instructions
24/7	24/7	Monday - Friday 8 AM-6 PM; Saturday 10 AM-5 PM	24/7
Devices are shipped directly to the patient. Testing up to 3 nights. Upon completion, the data is transmitted from the patient's home to provide prompt turnaround of results. With 190M covered lives, Bioserenity provides national coverage.	Mail-order service designed specifically for sleep centers that want to add direct-ship HST to their program. Customized branding, workflow, and patient kit. Quarterly reports available at no charge. 97% success rate. Over 90% patient satisfaction. Speed the process for your referring sources, increase your revenue, while maintaining continuity of care.	Lofta offers a streamlined approach to the diagnosis and treatment of obstructive sleep apnea. Say goodbye to sleep labs, long wait times, and insurance headaches and say hello to the promise of better sleep—quickly and easily.	Onera Polysomnography-as-a-Service is an end-to-end solution for in-lab and at-home sleep diagnostics and monitoring. The patch-based Onera STS system combined with cloud technology enables physicians to conduct polysomnography anytime, anywhere. It takes minimal effort to prescribe and conduct a sleep study and there's no upfront investment. This solution offers new opportunities for clinics to expand their sleep programs and for hospitals that have limited or no access to a sleep clinic to implement on-site sleep diagnostic testing.

HOME SLEEP TESTING (HST) SERVICES

Company		Singular Sleep	Sleep Care online	SleepArchitects
HST Services Program		 <p>Home Sleep Apnea Test</p>	 <p>Complete Care</p>	 <p>SleepArchitects</p>
Website		<a href="http://singularsleep.com/pages/at-home-sleep-study">singularsleep.com/pages/at-home-sleep-study</a>	<a href="http://www.sleepcareonline.com">www.sleepcareonline.com</a>	<a href="http://www.sleeparchitects.com">www.sleeparchitects.com</a>
Payment Options	Cash Pay	Yes, \$295	Yes, \$295	Yes, various prices (all less than \$349)
	Medical Insurance	No	No	Yes
	Sleep Practice/Lab Processes Payment	No	No	Yes
HST Devices Used		Philips Alice NightOne	ResMed NightOwl	SleepImage Ring, ResMed NightOwl, ResMed ApneaLink Air
Typical Provider Categories		Direct-to-consumer, physicians (non-sleep), dentists	Direct to consumers	Sleep physicians, dentists
Scoring & Interpretation Options		RPSGT manual scoring, our network of board-certified sleep physicians interprets your studies	Autoscore, our network of board-certified sleep physicians interprets your studies	Interpret your own studies, our network of board-certified sleep physicians interprets your studies
Raw Data Available?		Yes	Yes	Yes
Average Turnaround Time (date of study order to results)		7 business days	Order mails next day, results available same day study is completed	24 hours
Patient Education Options		Live phone call, live videoconference, written instructions, live text message support	Live phone call, prerecorded video, written instructions	Live phone call, live videoconference, prerecorded video, written instructions, live text message support
Live Help		8:30 AM - 6 PM ET	9 AM - 5 PM EST	24/7
Additional Program Features		Online sleep doctor consultations, remote management and titration of PAP devices.	Sleep Care online follows up every HST with a face-to-face telehealth visit with a board-certified sleep physician to review study data and discuss therapy options. A prescription for PAP therapy is provided if warranted. Follow-up telehealth visits available.	Portfolio of home sleep testing options; platform for dentists and doctors to collaborate.

CATEGORY SPONSORED BY MEDBRIDGE HEALTHCARE



SleepTest.com	VirtuOx	Watermark Medical Inc	ZOLL Itamar
 <p>SleepTest.com</p>	 <p>VirtuOx CardioSleep Diagnostics</p>	 <p>WM Direct</p>	 <p>WatchPAT Direct &amp; WatchPAT Turnkey</p>
www.sleeptest.com	www.virtuox.net	www.watermarkmedical.com	www.itamar-medical.com
Yes, \$285 baseline / \$185 titration	Yes, \$250	Yes	Yes
Yes	Yes	Yes	Yes
Yes	Yes	No	Yes
ResMed ApneaLink Air	ResMed NightOwl, Sleep Image Ring, ResMed ApneaLink Air, Philips Alice NightOne, ZOLL Itamar WatchPAT, Advanced Brain Monitoring PSG2	Watermark ARES 610/ARES 620	ZOLL Itamar WatchPAT 300/WatchPAT ONE
Sleep physicians, direct to consumers, physicians (non-sleep), dentists, hospital systems	Sleep physicians, sleep disorders centers, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, direct to consumers, physicians (non-sleep), dentists, health plans, hospital systems, commercial transportation, employers/enterprise	Sleep physicians, sleep disorders centers, physicians (non-sleep), dentists, hospital systems, commercial transportation
Autoscoring, our network of board-certified sleep physicians interprets your studies	Autoscoring, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified sleep physicians interprets your studies	RPSGT manual scoring, interpret your own studies, our network of board-certified sleep physicians interprets your studies	Autoscoring, RPSGT manual scoring, score your own studies, interpret your own studies, our network of board-certified sleep physicians interprets your studies
No	Yes	Yes	Yes
11 days	7 days	1-2 days from time data/device received from patient	2-7 days
Live phone call, live videoconference, written instructions, live text message support	Live phone call, prerecorded phone call, live videoconference, prerecorded video, written instructions, live text message support	Live phone call, prerecorded video, written instructions	Live phone call, prerecorded video, written instructions
8 AM - 7 PM CT	24/7	24/7	24/7
Custom-built, HIPAA-compliant sleep testing software: SleepTestCRM.	VirtuOx provides level II, III, and IV home sleep apnea testing devices and has two programs available. Option 1, VirtuOx performs entire test and bills claim to payer. Option 2, VirtuOx performs entire test, MD/DME bills claim to payer. Both programs can utilize Virtuox's nationwide sleep telemedicine program to order tests and PAP when needed.	WM Direct offers traditional insurance bill programs or can customize programs for your practice or patient population. WM Direct can also facilitate integrated and clinically appropriate patient treatment pathways for end-to-end program functionality.	WatchPAT Direct and WatchPAT TurnKey are mail-delivery programs that allow clinics to expand patient access, reduce backlogs, and scale an HSAT program quickly with no upfront cost and minimal time from the office staff. WatchPAT TurnKey offers the option to directly bill patients' insurance. ●

See our ad on page 27