





Company	AirAvant Medical	BRYGGS Medical LLC	CPAPNEA Medical Supply
			
<b>EPAP</b>	Bongo Rx	ULTepap	Optipillows EPAP Mask
<b>Website</b>	<a href="http://www.airavant.com">www.airavant.com</a>	<a href="http://www.bryggsmmedical.com">www.bryggsmmedical.com</a>	<a href="http://www.optipillows.com">www.optipillows.com</a>
<b>FDA-Cleared Indications</b>	mild to moderate OSA	mild to moderate OSA	snoring
<b>Description</b>	FDA-cleared, clinically tested, prescription EPAP device for OSA. Soft nasal seals also create nasal dilation. Reusable. Requires no machine or power. Very small, simple to use and requires no assembly. Can be worn with or without headgear. User-friendly option for noncompliant CPAP patients or for travel. Comes with drying stand & travel case. Designed & made in the USA.	The ULTepap is a reusable EPAP device that is comprised of a silicon body with nasal pillows that contain airflow cartridges that create back pressure. The nasal pillows, inspired by decades of comfort and fit, gently rest around the nostrils. The cartridges generate pressures equivalent to Provent, validated by numerous studies. It is held in place with CPAP headgear.	Optipillows EPAP Mask allows users to adjust the resistance to fit their specific pressure requirements (1.5-14.5 cm H <sub>2</sub> O). Optipillows was designed by a sleep physician, is comfortable, quiet, reusable, optimal for travel, economical, and requires no prescription. Kits include the patented valve, adjustable headgear, and 3 sizes of nasal pillows. Replace annually.
<b>Sizes</b>	S, M, L, XL included in starter kit	S, M, L	3 sizes of nasal pillows + adjustable headstrap included in kit
<b>Materials</b>	silicone nasal seals with polycarbonate valve housings	silicon body with polycarbonate and silicon cartridges	nonallergenic plastic and silicone
<b>Warranty (days)</b>	90	90	30
<b>Payor Coverage</b>	cash pay	cash pay	MSRP/MAP \$109
<b>How to Clean</b>	Clean with mild soap and water. No disassembly required.	The mask and headgear should be handwashed in warm water using a liquid dish washing detergent.	Clean with mild soap and water.
<b>Supporting Study</b>	Clinically studied with patients using Bongo at home and in-lab PSGs with and without Bongo to demonstrate AHI reduction. Study reviewed by FDA and presented at SLEEP 2019.	ULTepap was FDA cleared using bench testing. A clinical trial is scheduled for the fourth quarter of 2021.	Hakim TS, et al. EPAP devices Optipillows, Bongo Rx, and Theravent: Flow resistance and the pressures they generate. <i>J Sleep Med Disord.</i> 2021;7(1):1119.

EPAP therapy Provent was discontinued in 2020. Information in this guide based on data submitted by EPAP marketers. Sleep Review strives for accuracy in all data but cannot be held responsible for claims made by marketers. All devices may not be included. Email [sroy@medqor.com](mailto:sroy@medqor.com) to be considered for the next update. 

Company	Hupnos
<p><b>EPAP</b></p>	 <p>Hupnos Anti Snoring Mask</p>
<p><b>Website</b></p>	<p>www.hupnos.com</p>
<p><b>FDA-Cleared Indications</b></p>	<p>not evaluated by FDA</p>
<p><b>Description</b></p>	<p>Hupnos is electronically controlled with an AI-powered snoring detector to titrate the EPAP pressure. App detects and records snoring. If user snores while on their back, vibrations cue to roll over.</p>
<p><b>Sizes</b></p>	<p>one size fits all</p>
<p><b>Materials</b></p>	<p>medical silicone, microfiber cloth, memory foam, elastic polyurethane</p>
<p><b>Warranty (days)</b></p>	<p>365</p>
<p><b>Payor Coverage</b></p>	<p>\$99</p>
<p><b>How to Clean</b></p>	<p>Clean with mild soap and water.</p>
<p><b>Supporting Study</b></p>	<p>Kramer S. Does this device really stop snoring? 15 Feb 2019. Forbes.com. ●</p>