

Clinical Situation	Appliance Choices	Comments
Medicare patient Some BCBS (Blue Cross Blue Shield) and UnitedHealthcare plans	Medicare TAP and Herbst approved appliances	1. In selection for our elderly patients, consider the ease of usage and adjustability if you allow them to perform titration at home. 2. Some medical plans require a PDAC (Pricing, Data Analysis and Coding)-approved appliance for use for their insured.
Buccal exostosis (maxilla)	Any device that does not require a mechanism to be on the buccal aspect that may approximate the tori.	Verify with lab for a specific appliance design that would not interfere with the exostosis.
Edentulous	1. Tongue retaining device (TRD) 2. Implant-retained appliances 3. If dental ridges are adequate, place a traction-based appliance over the denture	1. For those with poor ridges where implants are unable to be placed, a TRD may be appropriate. 2. With an implant-retained appliance, it is preferable to use an acrylic-fabricated device. 3. A chinstrap may be required to allow approximation of the dental ridges to engage into the denture, which would hold the mandible forward.
Partial edentulous	Any appliance	Verify which teeth need to be present for a specific appliance design.
Short clinical crowns or poor retention	Acrylic-based appliances	Ball clasps to assist with retention may be required.
Open bite	Narval CC Panthera D-SAD	Excess vertical is not required for strength on the posterior aspect of these appliances.
Anterior mobile teeth	Narval CC Panthera D-SAD	Design has no contact of the buccal strap over the anterior incisor.

Bruxer	The Silencer Herbst Narval CC Panthera D-SAD	If clinical situation permits, the Narval CC and Panthera D-SAD are very durable.
Material sensitivity (acrylic)	Narval CC Panthera D-SAD	These are fabricated from an organic biocompatible polymer material.
Compliance tracking	SomnoMed series appliances and TAP appliances	As of this press time, the Braebon DentiTrac is available with these manufacturers.

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